

# AESTHETIC SURGERY CENTRE

## BOTOX® COSMETIC CONSENT

**Consent Procedure:** This consent is to inform you about Botox® Cosmetic treatment and answer any questions you may have about Botox® Cosmetic.

Botox therapy for wrinkles is an injection treatment designed to reduce facial expression lines. Botox® Cosmetic is the trade name for botulinum purified neurotoxin complex. Botox is approved by the United States Food and Drug Administration (FDA) for the treatment of disorders of the muscles of eye, such as strabismus and blepharospasm. The use of Botox for other conditions, including Botox therapy for wrinkles, is considered “off-label”. This means the FDA has not specifically approved Botox for this use. Botox therapy for wrinkles is a commonly performed cosmetic procedure throughout the world. Tiny amounts of the Botox toxin are injected into the facial muscles responsible for movement of associated lines and wrinkles. This injection then weakens the muscle, thus reducing the active wrinkle lines.

Botox® Cosmetic therapy for wrinkles works best for “dynamic” lines and wrinkles. This means facial lines that are directly associated with the muscle movement. Botox therapy is less effective for fine textural changes on the skin surface, and for those lines present at rest. Botox therapy is temporary, meaning it will have to be repeated on a regular basis to remain effective. How long each treatment lasts will depend on many individual factors including the degree of skin sun damage present, the depth of the lines, and the size of the muscles injected, the amount and strength of Botox used. Other factors include the frequency of re-treatment, and the speed of neuro-muscular recovery from the toxin. An average response is 3 – 6 months of diminished muscle contraction. Individual responses may be longer or shorter, depending on the above factors.

After Botox® Cosmetic is placed into the targeted muscles the weakening effect gradually begins over 3 – 5 days to 2 weeks, which may be incomplete. Therefore optimal results are not seen for at least two weeks, and sometimes longer. During this period you may notice asymmetry or unevenness within the treated areas. The asymmetry will usually correct itself as the Botox® Cosmetic takes effect.

*For maximal results it is recommended that after receiving Botox® Cosmetic you maintain an upright posture for at least 4 hours. During this time it is also recommended that the treated area not be rubbed vigorously or massaged. You may wish to actively move the treated areas during this time as this may help to increase the response of the targeted muscles.*

The only known side effects of Botox therapy for wrinkles are temporary, and may include:

**Bruising:** Usually at or near the injection site, may be increased with the use of aspirin or aspirin like products (Advil, Aleve) and Vitamin E. This effect generally clears within 7 – 10 days. No treatment is necessary.

**Headache:** Related to the actual injections, is usually mild and transient lasting less than 24 hours and may be relieved with Tylenol.

**Pain at the injection site:** Similar to headache above is usually mild, transient and relieved with Tylenol.

**Asymmetry:** If this is present it is noticed within the first two weeks of therapy. This may be corrected with “touch-up” injections, if necessary.

**Muscle twitching:** Unusual, transient and if persistent may be corrected with “touch-up” injections.

**Numbness:** Actually a change in sensation noticed by some patients in the treated areas, better described as “dullness”, is usually only noticed for a few days after treatment. Treatment is not necessary.

**Eyebrow or eyelid ptosis (drooping) and diplopia (double vision):** Seen in 12% of patients receiving Botox™ therapy, is temporary, lasting 2 – 4 weeks and usually mild. This may be treated with special eye drops, if necessary, and/or patching the affected eye.

Also, for reasons not fully understood, some patients may be less sensitive or resistant to the effects of Botox. **Some patients may be REQUIRED to have touch up doses.** In these patients, Botox will not work as well or for as long as would ordinarily be expected.

If you are pregnant or breastfeeding, Botox treatments are not recommended. If you have a history of neurological (nervous system) disease, especially if it is currently active, you may not be a good candidate for Botox therapy. This should be discussed with your neurologist or physician caring for your neurological disease prior to receiving Botox therapy.

There are alternatives to Botox® Cosmetic therapy for wrinkles, including no treatment, topical cream treatments, chemical peels, laser resurfacing, surgical face-lift and surgical destruction of the muscles involved in the formation of dynamic lines.

I understand and give permission for pictures to be taken of my Botox therapy, both for before and after treatment. I understand these photographs will remain the property of the clinic and that they will remain as part of my medical record.

Because Botox therapy for wrinkles is considered a cosmetic procedure, insurance does not pay for the treatment. **Payment at the time of services is required for all patients.** A price quote will be given before your treatment. We request a 48-hour notice of cancellation for all scheduled Botox appointments.

By signing below, I agree that I have read and understand the above information, and that my questions have been fully answered to my satisfaction. I authorize David V. Pratt, M.D./ Troy J. Woodman, M.D. / Frederick W. Ehret, M.D. / Wendy S. Bingham, PA-C to treat my wrinkles and lines with Botox® Cosmetic therapy. I understand that the practice of medicine and surgery is not an exact science and that no results are guaranteed including Botox® Cosmetic therapy for wrinkles and lines.

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Patient Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Cost of Treatment

\_\_\_\_\_  
Area(s) to be treated

